

Winning MindOn's Educator of the Year Award: A Mindful Win by Ms. Ambre and Mr. Sarkar

Pune, Maharashtra | September 4th, 2021



S.B. Patil Public School is proud to be associated with MindOn, an organisation that works with educational institutes helping them focus on student's happiness and well-being by offering programmes that are based on mindfulness, social-emotional learning and positive psychology. It is one of the first programmes in India that works towards creating a strong mental health foundation for students and those within the schooling academic arena.

The organisation believes that it is through empowered educators that awareness can be encouraged, resilience and compassion enhanced, and individual growth and success can be nurtured.

On September 4th, MindOn's Mindful Education Awards offered a platform to recognise the meticulous efforts by teachers and schools who implement the concept of mindfulness in their students via a virtual awards ceremony. The aim was to honour the efforts of educators and schools in creating mentally and physically sound environments



for students to grow and thrive in, especially considering the pandemic and the mental strain it has on students. The ceremony attracted over more than 2,000 nominations from all across India and were gauged by an autonomous panel of experts including a team of psychologists and psychiatrists.



The school counsellor, Ms. Reema Ambre, and the Media and Publications Department Executive, Mr. Rohit Sarkar were awarded for their contribution to helping and enabling students be positive and engage productively, especially during the pandemic. Ms. Ambre conducts lectures on issues faced in everyday life by students thus enabling them to focus on the positive aspects of life whilst helping them to cope with challenges faced in a constructive manner.



Mr. Sarkar who is also the Writer and Editor-in-Chief for the school's publications has helped students and parents find a creative and productive outlet by encouraging them to publish their art and written work. This was especially helpful as pandemic ensued, schools were closed and students were and parents were studying and working from home.

We at S.B. Patil Public are proud of them, and wish them the very best in their devout work towards the betterment of the school and its students.