

Hobby Class Annual planning	
Athletics Activity STD II	
Month	Topic
Jun	Running .
Jul	Shuttle run , Zig -zag running .
Aug	Hopping (Langdi) /Frog jump .
Sep	Two - Leg jump , Hand Movement
Oct	Hi -knee Exercise , On the spot
Nov	Net climbing , Short Distance run
Dec	Short Distnce running race .
Jan	50 mtrs Running & Race .
Feb	50 mtrs Running time test .