

About Personal Space and Boundaries 101: Understanding Good Touch, Bad Touch

Pune, Maharashtra | 21st and 22nd October, 2024



A two-day session on Good Touch, Bad Touch was conducted for all students from Junior KG to Grade XII at S.B. Patil Public School. The session was conducted by Ms. Reshamm Bamb, the founder of Shy Foundation, and a sexuality educator, and a devoted social worker in the field of sexual-abuse since 2016.

As an educator, she uses her experience to transform the tabooed topics prevailing in society. She visits schools and corporates to train students, faculty and staff on safe touch, POCSO and POSH; and empower them towards sexual abuse.



Ms. Reshamm Bamb made a significant impact by educating and empowering students across all grades. Her approach was both informative and engaging, ensuring that students felt comfortable discussing sensitive topics.

Ms. Bamb utilised interactive activities, role-playing scenarios, and open discussions to help students understand the concept of boundaries and personal safety. She emphasised the difference between safe and unsafe touches, encouraging students to recognise and trust their instincts. Through real-life examples and age-appropriate language, she made complex topics relatable and accessible.



Additionally, Ms. Bamb provided practical tools and strategies for students to articulate their feelings and seek help when needed. She encouraged them to speak up if they ever felt uncomfortable, reinforcing the idea that they have the right to feel safe in any situation.



By the end of the session, students left not only with a clearer understanding of personal safety but also with a sense of empowerment and confidence to advocate for themselves and their peers. Ms. Bamb's dedication to fostering a safe and supportive environment resonated deeply, equipping the students with knowledge that would serve them well beyond the classroom.

