

New-Age Parenting Session for the Grades II and III Parents

Pune, Maharashtra | 27th June, 2026



S.B. Patil Public School organised a New-Age Parenting Session on 27th June, 2026 for the parents of Grades II and Grade III students. The session aimed to strengthen the partnership between the school and parents in nurturing happy, confident, and emotionally resilient children. It provided valuable insights into the changing dynamics of parenting in today's fast-paced, technology-driven world and emphasised the importance of adopting mindful and balanced parenting practices.

The discussion began with an exploration of the meaning of parenting in the modern era, highlighting that parenting extends beyond meeting a child's physical and academic needs. It involves fostering emotional security, resilience, empathy, confidence, and independence while creating a positive and supportive home environment.

The session addressed the challenges faced by both parents and children, including excessive screen time, peer pressure, academic expectations, emotional regulation, communication gaps, and balancing discipline with freedom. Parents were encouraged to understand their children's perspectives and respond with patience, empathy, and consistency.



A major focus of the programme was the development of Emotional Quotient (EQ) in children. Parents learned practical ways to nurture emotional intelligence by acknowledging children's feelings, practising active listening, encouraging problem-solving, modelling positive behaviour, and creating opportunities for meaningful conversations. The importance of helping children build self-awareness, resilience, empathy, and healthy relationships was

emphasised throughout the session.

Several effective parenting strategies were shared, including spending quality family time, establishing consistent routines, setting clear expectations and healthy boundaries, appreciating effort over outcomes, encouraging independence, and promoting gratitude, responsibility, and respectful communication.

The interactive session featured real-life examples, engaging discussions, and reflective activities that encouraged parents to share their experiences and learn from one another. It concluded with the message that parenting is a lifelong journey of learning, adapting, and growing alongside children. The session was well received, and parents left with practical strategies and renewed confidence to support their children's emotional, social, and academic development, further strengthening the shared commitment of S.B. Patil Public School and parents towards holistic child development.