

In the Pink of Awareness: Understanding Breast Cancer Together

Pune, Maharashtra | 21st November, 2025



A faculty development session on breast cancer awareness was conducted on 21 November 2025 by Dr. Neha Sanas-Pethkar (M.S. Gynaecology–Obstetrics), a renowned gynaecologist and obstetrician from Ravet and the PCMC region. With over a decade of experience and her work recognised through the Lokmat Dhanwantari Award for excellence in the medical field, Dr. Sanas-Pethkar brought both expertise and clarity to the discussion.

Designed for all faculty members — regardless of gender — the interactive session aimed to break misconceptions and encourage early, responsible health action. Dr. Sanas-Pethkar explained the anatomy of the breast, the causes and symptoms of breast cancer, available treatment options, and the importance of early detection. She demonstrated self-examination techniques and highlighted warning signs that must never be ignored.



In addition to clinical information, she emphasised lifestyle awareness, the role of regular screenings, and the need to normalise conversations about breast health among both men and women. She also addressed common myths, the psychological impact of diagnosis, and the importance of seeking timely medical support.

The session proved highly insightful and empowering, equipping faculty members with practical knowledge and encouraging vigilance towards personal and community health.



A special gratitude goes to Dr. Sanas-Pethkar for conducting this much-needed session. We also thank the principal, Dr. Bindu Saini; vice principal, Ms. Padmavati Banda; HM, Ms. Shubhangi Kulkarni; the administrative manager, Mr. Manish Dhekale; and the school nurses, Ms. Sujata Bhalerao and Ms. Kalyani Jadhav for organising it.