Women's Health and Menopause Awareness Session

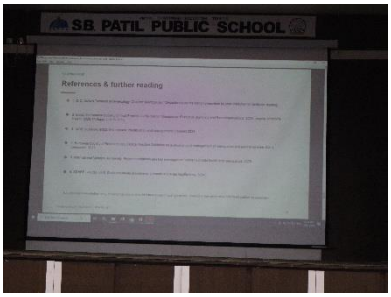
Pune, Maharashtra | 16th November, 2026



S.B. Patil Public School organised an informative session on Women's Health and Menopause Awareness for all staff members on Monday, 16th November, 2026 in the school auditorium.



The session was conducted by Dr. Neha Pethkar, a practicing gynaecologist and obstetrician with over 10 years of experience. She has received several prestigious awards, including the Dhanwantari Puraskar in 2024 and the Health Warrior Award.



During the session, Dr. Pethkar shared valuable insights into women's health, the different stages of menopause, common physical and emotional changes, symptoms, preventive care and the importance of maintaining overall well-being. She also addressed common concerns and emphasised the significance of awareness, timely medical