
Celebrating Forgiveness Day

Pune, Maharashtra, August 2nd, 2022



To commemorate the birth anniversary of their revered spiritual leader, Dada J.P Vaswani on August 2nd, the Moment of Calm initiative aimed at popularising the day as Forgiveness Day the world over. The Moment of Calm is a global peace initiative instituted by the Sadhu Vaswani Mission way back in 2012. The founder, Dada Vaswani believed "The best giving is forgiving." The Moment of Calm aims at bringing calm in the hearts of people through the power of forgiveness and love through their mission of helping people experience true joy and peace by forgiving and positive, inspired living.

The team distributed "Happy Forgiveness Day" bands to children and adults alike; and requested schools to partake in the event by reciting a prayer of forgiveness.

Participating in the event, the students, teachers and faculty at S.B. Patil Public School held a moment of calm at 02:00pm whilst all, in their classes, recited the prayers.



We thank the team at Moment of Calm and the Sadhu Vaswani Mission for bringing this positive and wholesome initiative to our doorstep. We also thank the principal, Dr. Saini; vice principal, Ms. Banda; the primary coordinator, Ms. Kulkarni; all the sub-coordinators, teachers and faculty members; and CCA coordinator, Ms. Swaleha Mujawar for overseeing the successful execution