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## Healthy Teeth, Happy Smiles: A Dental Awareness Session for Grade IV

Pune, Maharashtra | 15<sup>th</sup> October, 2025



S.B. Patil Public School organised a Dentist Awareness Session for Grade IV students on 15<sup>th</sup> October, 2025 in the school auditorium. The session was conducted by Dr. Sanika Gawade, a parent and professional dentist, who shared valuable insights into dental health and hygiene.

### During the session, Dr. Gawade covered key topics such as:

1. The structure and function of teeth (explained with models)
2. Proper dental hygiene practices
3. The effects of sugar on teeth
4. Recommended foods for maintaining healthy teeth



Using an engaging PowerPoint presentation, Dr. Gawade made the concepts easy for students to grasp. The session concluded with an interactive Q&A segment, where students eagerly asked questions that were answered with clarity and enthusiasm.

Students gained a deeper understanding of the structure and function of teeth, the importance of oral hygiene, and the effects of diet — particularly sugar — on dental health. They also learned practical habits to maintain strong, clean, and healthy teeth.

