

Guardians of a Drug-Free Future: A Lesson in Substance-Free Living

Pune, Maharashtra | 12th November, 2025



An awareness programme on the Prevention of Substance Abuse in Schools was conducted at The Kalyani School, Hadapsar, on 12th November, 2025 for students from Grades VIII to XII. Learners from S.B. Patil Public School, Ravet, attended the session from 12 noon to 01:00 p.m. The event was organised in collaboration with the Narcotics Control Bureau (NCB) with the purpose of educating students about the dangers of drug use and promoting a safe, drug-free lifestyle.

The resource officers from the NCB began the session by addressing the growing challenges of substance abuse among adolescents and emphasising the importance of early awareness. They explained the different types of narcotic substances, how addiction develops, and the severe physical, psychological, and social consequences associated with drug use.

Through real-life case studies, interactive discussions, and multimedia presentations, the officers highlighted how peer pressure, stress, and curiosity can influence young people to make harmful choices. They encouraged students to build self-confidence, make responsible decisions, and seek help whenever they encounter difficult or vulnerable situations.



The session further covered the legal implications of drug possession and trafficking under the Narcotic Drugs and Psychotropic Substances (NDPS) Act, making students aware of the seriousness of such offences. The officers urged them to remain vigilant, act responsibly, and report any suspicious activities to trusted adults.

The programme concluded with an interactive question-and-answer segment during which students engaged enthusiastically and clarified their doubts. Teachers appreciated the initiative, acknowledging its significance in shaping students' awareness and contributing to their safety and well-being. Overall, the session proved to be informative, engaging, and impactful, effectively reinforcing the importance of maintaining a healthy and drug-free lifestyle.